



JANUARY | 2019

KENNEDY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 NO SCHOOL	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 Pork BBQ Sandwich Potato Rounds Sliced Carrots Sliced Pears Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	8 Soft Shelled Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Deli Sandwich Alt: Yogurt Plate	9 French Toast Sticks Sausage 100% Fruit Juice Warm Cinnamon Apple Slices Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	10 Garlic Cheese Bread Steamed Broccoli Diced Pears Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	11 Calzone Celery/Carrot Sticks Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
14 Chicken Strips Starz Fries Mixed Vegetables Sliced Peaches Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	15 Cheeseburger on WG Bun WG Goldfish Crackers Baked Beans Apple Variety of Milk Alt: Deli Sandwich Alt: Yogurt Plate	16 Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Strawberries Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	17 Turkey Gravy w/ Mashed Potatoes Warm Biscuit Corn Diced Pears Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	18 Big Daddy's Cheese Pizza Baby Carrots Assorted Fresh Fruit Vanilla Pudding Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
21 Chicken Smackers Baked Fries Corn Pineapple/Mandarin Oranges Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	22 Mini Corn Dogs Seasoned Pasta Green Beans Applesauce Variety of Milk Alt: Deli Sandwich Alt: Yogurt Plate	23 Chicken Patty Pretzel Twists Baked Beans Sliced Pears Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	24 Goulash WG Garlic Bread Spinach/Romaine/Kale Salad Peaches Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	25 Pepperoni Pizza Fresh Broccoli / Carrots Assorted Fresh Fruit Slushy Cup Variety of Milk Alt: Yogurt Plate Deli Sandwich
28 Sausage Egg & Cheese Muffin Hash Brown Patty Warm Cinnamon Apple Slices Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	29 Nacho Supreme Shredded Romaine Fiesta Bean Bake Mixed Fruit Variety of Milk Alt: Deli Sandwich Alt: Yogurt Plate	30 Fish Sticks Rice Pilaf Mixed Vegetables Pineapple Tidbits Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	31 Homemade Macaroni & Cheese Pretzel Roll Steamed Peas Applesauce Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	1

News

Elementary Prices
Free Breakfast In The Classroom
Full Paid Lunch - \$2.30
Reduced Lunch - \$.40
Adult Lunch \$3.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
231-398-3695
kcarlson@manistee.org

Fresh Veggies available daily
Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, Honey Mustard Sauce or BBQ Sauce

Free and Reduced lunch applications may be filled out online at
www.lunchapp.com

This institution is an equal opportunity employer