



FEBRUARY | 2019

JEFFERSON LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Big Daddy's Cheese Pizza Baby Carrots/Broccoli Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk Alt: Yogurt Plate
4 Popcorn Chicken Potato Rounds Sliced Carrots Diced Pears Variety of Milk Alt: Cheese Pizza	5 Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Deli Sandwich	6 French Toast Sausage 100% Fruit Juice Warm Cinnamon Apple Slices** Variety of Milk Alt: Hot Dog on WG Bun	7 Garlic Cheese Bread Steamed Broccoli Sliced Peaches Variety of Milk Alt: Chicken Nuggets	8 Calzone Celery/Carrot Sticks Assorted Fresh Fruit WG Cookie Variety of Milk Alt: Yogurt Plate
11 Chicken Strips Starz Fries Mixed Vegetables Sliced Pears Variety of Milk Alt: Cheese Pizza	12 Cheeseburger on WG Bun WG Goldfish Crackers Baked Beans Apple Variety of Milk Alt: Deli Sandwich	13 Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Diced Peaches Variety of Milk Alt: Hot Dog on WG Bun	14 Chicken Gravy w/ Mashed Potatoes Warm WG Biscuit Corn Mixed Fruit Variety of Milk Alt: Chicken Nuggets	15 ½ DAY SACK LUNCH AVAILABLE
18 Chicken Smackers Baked Fries Winter Blend Vegetables Pineapple / Mandarin Oranges Variety of Milk Alt: Cheese Pizza	19 Mini Corn Dogs Seasoned Pasta Green Beans Applesauce Variety of Milk Alt: Deli Sandwich	20 Chicken Patty Pretzel Twists Baked Beans Sliced Pears Variety of Milk Alt: Hot Dog on WG Bun	21 Goulash WG Garlic Toast Spinach/Romaine/Kale Salad Sliced Peaches Variety of Milk Alt: Chicken Nuggets	22 Pepperoni Pizza Fresh Broccoli & Carrots Assorted Fresh Fruit Slushy Cup Variety of Milk Alt: Yogurt Plate
25 Sausage Egg & Cheese Muffin Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk Alt: Cheese Pizza	26 Nacho Supreme Shredded Romaine Fiesta Bean Bake Mixed Fruit Variety of Milk Alt: Deli Sandwich	27 Fish Sticks Rice Pilaf Mixed Vegetables Pineapple Tidbits Variety of Milk Alt: Hot Dog on WG Bun	28 Homemade Macaroni & Cheese Pretzel Roll Steamed Peas Applesauce Variety of Milk Alt: Chicken Nuggets	1

News

Elementary Prices
Full Paid Lunch - \$2.30
Reduced Lunch - \$.40
Adult Lunch \$3.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
231-398-3695

kcarlson@manistee.org

Fresh Veggies available daily
Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, Honey Mustard Sauce or BBQ Sauce

Free and Reduced lunch applications may be filled out online at
www.lunchapp.com

This institution is an equal opportunity