

## BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Feb. 11-15, 2019</b>				
<b>HOT LINE</b>				
Egg & Cheese Omelette	Blueberry Oatmeal	Apple Cinnamon French Toast	Ham , Egg & Cheese Muffin	Yogurt Parfait
WG Biscuit				
		Fruit Smoothie		
<b>COLD LINE</b>				
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
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