

# MAY | 2019

## JEFFERSON LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>29</b></p>	<p><b>30</b></p>	<p><b>1</b></p> <p>French Toast Sticks Sausage Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>2</b></p> <p>Italian Spaghetti WG Garlic Toast Spinach/Romaine/Kale Salad Sliced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>3</b></p> <p>Big Daddy's Cheese Pizza Baby Carrots Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>6</b></p> <p>Popcorn Chicken Baked Fries Dinner Roll Broccoli Diced Pears Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>7</b></p> <p>Nacho Supreme Shredded Romaine Fiesta Bean Bake Mixed Fruit Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>8</b></p> <p>Fish Sticks Rice Pilaf Mixed Vegetables Sliced Peaches Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>9</b></p> <p>Ham &amp; Cheese Melt Hash Brown Patty Corn Strawberries Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>10</b></p> <p>Garlic Cheese Bread Carrots / Celery Sticks Assorted Fresh Fruit Vanilla Pudding Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>13</b></p> <p>Chicken Strips Starz Fries Dinner Roll California Blend Vegetables Applesauce Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>14</b></p> <p>Cheeseburger on WG Bun WG Goldfish Crackers Baked Beans Apple Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>15</b></p> <p>Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Sliced Pears Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>16</b></p> <p>Chicken N Noodles WG Biscuit Steamed Carrots Diced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>17</b></p> <p>Calzone Fresh Carrots/Cauliflower Assorted Fresh Fruit WG Cookie Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>20</b></p> <p>Cooks Choice Chicken Potato Rounds Dinner Roll Winter Blend Vegetables Mixed Fruit Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>21</b></p> <p>Mini Corn Dogs Seasoned Pasta Green Beans Sliced Peaches Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>22</b></p> <p>Chicken Patty on WG Bun Pretzel Twists Baked Beans Diced Pears Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>23</b></p> <p>Homemade Macaroni &amp; Cheese Pretzel Roll Steamed Peas Applesauce Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>24</b></p> <p>Pepperoni Pizza Baby Carrots Assorted Fresh Fruit Slushy Cup Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>27</b></p> <p>NO SCHOOL</p>	<p><b>28</b></p> <p>Soft Shelled Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>29</b></p> <p>Sausage Egg &amp; Cheese Muffin Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>30</b></p> <p>Goulash WG Garlic Toast Spinach/Romaine/Kale Salad Sliced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>31</b></p> <p>Pizza Cooks Choice Celery Sticks / Carrots Assorted Fresh Fruit Chocolate Pudding Variety of Milk</p> <p>Alt: Yogurt Plate</p>

### News

**Elementary Prices**  
**Full Paid Lunch - \$2.30**  
**Reduced Lunch - \$.40**  
**Adult Lunch \$3.50**

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**

**Keri Carlson**  
**231-398-3695**

[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Fresh Veggies available daily**

**Condiments may include:**  
**Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, Honey Mustard Sauce or BBQ Sauce**

**Free and Reduced lunch applications may be filled out online at**

[www.lunchapp.com](http://www.lunchapp.com)

**This institution is an equal opportunity**