

SEPTEMBER | 2019



Jefferson Elementary Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>Hot Dog on WG Bun Potato Rounds Green Beans Sliced Pears Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p>4</p> <p>Garlic Cheese Bread Mixed Vegetables Strawberries Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p>5</p> <p>Chicken Patty on WG Bun Goldfish Crackers Fresh Broccoli & Celery Applesauce Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p>6</p> <p>Big Daddy's Cheese Pizza Baby Carrots Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p>9</p> <p>Chicken Smackers Baked Fries Steamed Corn Diced Peaches Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p>10</p> <p>Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Apple Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p>11</p> <p>Mini Corn Dogs Seasoned Pasta California Blend Vegetables Mixed Fruit Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p>12</p> <p>Chicken N Noodles WG Biscuit Mixed Vegetables Diced Pears Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p>13</p> <p>Pizza Pocket Crisp Carrots & Broccoli Assorted Fresh Fruit Vanilla Pudding Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p>16</p> <p>Chicken Strips Starz Potatoes Steamed Carrots Applesauce Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p>17</p> <p>Nacho Supreme Shredded Romaine Fiesta Bean Bake Pineapple Tidbits Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p>18</p> <p>Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Strawberries Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p>19</p> <p>Chicken Drumstick WG Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Diced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p>20</p> <p>Pepperoni Pizza Fresh Celery & Baby Carrots Sliced Pears 100% Juice Slushy Cup Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p>23</p> <p>Popcorn Chicken Potato Rounds Hubbard Squash Mixed Fruit Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p>24</p> <p>Cheeseburger on WG Bun Baked Beans Diced Pears Variety of Milk</p> <p>Alt: Deli Sandwich</p>	<p>25</p> <p>French Toast Sausage 100% Fruit Juice Warm Cinnamon Apples Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p>26</p> <p>Italian Spaghetti WG Garlic Toast Spinach/Kale/Romaine Salad Sliced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p>27</p> <p>Calzone Baby Carrots & Cauliflower Assorted Fresh Fruit WG Cookie Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p>30</p> <p>Shredded Pork BBQ Sandwich Oven Fries Baked Beans Sliced Pears Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

Elementary Prices
Full Paid Lunch - \$2.40
Reduced Lunch - \$.40
Adult Lunch \$3.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
231-398-3695
kcarlson@manistee.org

Fresh Veggies available daily
Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, Honey Mustard Sauce or BBQ Sauce

Free and Reduced lunch applications may be filled out online at
www.lunchapp.com

This institution is an equal opportunity