

SEPTEMBER | 2019



Kennedy Elementary Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Hot Dog on WG Bun Potato Rounds Green Beans Sliced Pears Variety of Milk Alt: Deli Sandwich	4 Garlic Cheese Bread Mixed Vegetables Strawberries Variety of Milk Alt: Deli Sandwich	5 Chicken Patty on WG Bun Goldfish Crackers Fresh Broccoli & Celery Applesauce Variety of Milk Alt: Deli Sandwich	6 Big Daddy's Cheese Pizza Baby Carrots Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk Alt: Yogurt Plate
9 Chicken Smackers Baked Fries Steamed Corn Diced Peaches Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	10 Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Apple Variety of Milk Alt: Deli Sandwich Alt: Yogurt Plate	11 Mini Corn Dogs Seasoned Pasta California Blend Vegetables Mixed Fruit Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	12 Chicken N Noodles WG Biscuit Mixed Vegetables Diced Peaches Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	13 Pizza Pocket Crisp Carrots & Broccoli Assorted Fresh Fruit Vanilla Pudding Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
16 Chicken Strips Starz Potatoes Steamed Carrots Applesauce Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	17 Nacho Supreme Shredded Romaine Fiesta Bean Bake Pineapple Tidbits Variety of Milk Alt: Deli Sandwich Alt: Yogurt Plate	18 Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Strawberries Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	19 Chicken Drumstick WG Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Diced Peaches Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	20 Pepperoni Pizza Fresh Celery & Baby Carrots Sliced Pears 100% Juice Slushy Cup Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
23 Popcorn Chicken Potato Rounds Hubbard Squash Mixed Fruit Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	24 Cheeseburger on WG Bun Baked Beans Diced Pears Variety of Milk Alt: Deli Sandwich Alt: Yogurt Plate	25 French Toast Sausage 100% Fruit Juice Warm Cinnamon Apples Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	26 Italian Spaghetti WG Garlic Toast Spinach/Kale/Romaine Salad Sliced Peaches Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	27 Calzone Baby Carrots & Cauliflower Assorted Fresh Fruit WG Cookie Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
30 Shredded Pork BBQ Sandwich Oven Fries Baked Beans Sliced Pears Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	1	2	3	4

News

Elementary Prices
Full Paid Lunch - \$2.40
Reduced Lunch - \$.40
Adult Lunch \$3.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
231-398-3695
kcarlson@manistee.org

Fresh Veggies available daily

Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, Honey Mustard Sauce or BBQ Sauce

Free and Reduced lunch applications may be filled out online at
www.lunchapp.com

This institution is an equal opportunity