

# NOVEMBER | 2021



## Jefferson & Kennedy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Cooks Choice Cereal Raisins Apple Juice Variety of Milk	<b>2</b> Nutri Grain Bar Banana Orange Juice Variety of Milk	<b>3</b> Apple Frudel Strawberry Cup Grape Juice Variety of Milk	<b>4</b> WG Breakfast Bar Applesauce Cup Fruit Punch Variety of Milk	<b>5</b> Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
<b>8</b> RS Cinnamon Toast Crunch Raisins Apple Juice Variety of Milk	<b>9</b> Mini Pancakes Banana Orange Juice Variety of Milk	<b>10</b> WG Muffin Cheese Stick Fresh Pear Grape Juice Variety of Milk	<b>11</b> Cinni Mini Applesauce Cup Fruit Punch Variety of Milk	<b>12</b> Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
<b>15</b> RS Frosted Flakes Raisins Apple Juice Variety of Milk	<b>16</b> Cherry Frudel Banana Orange Juice Variety of Milk	<b>17</b> Cream Cheese Bagel Mixed Berry Cup Grape Juice Variety of Milk	<b>18</b> WG Breakfast Bar Applesauce Cup Fruit Punch Variety of Milk	<b>19</b> Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
<b>22</b> Cheerios Cinnamon Crackers Raisins Apple Juice Variety of Milk	<b>23</b> WG Simply Yogurt Chex Banana Orange Juice Variety of Milk	<b>24</b> ½ DAY Breakfast Soft Pocket Craisins Assorted Juice Variety of Milk	<b>25</b> THANKSGIVING NO SCHOOL	<b>26</b> NO SCHOOL
<b>29</b> Lucky Charms Raisins Apple Juice Variety of Milk	<b>30</b> Mini French Toast Banana Orange Juice Variety of Milk	<b>1</b>	<b>2</b>	<b>3</b>

### News

**Free Breakfast In The Classroom**

**Adult Price - \$ 2.50**

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**

**Keri Carlson  
231-398-3695**

[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Free and Reduced lunch applications may be filled out online at**

[www.lunchapp.com](http://www.lunchapp.com)

**Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice**

**This institution is an equal opportunity provider**