



JANUARY | 2022

Jefferson & Kennedy Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Chicken Patty on WG Bun Baked Fries Sliced Carrots Mixed Fruit Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p>4</p> <p>Soft Shelled Tacos Shredded Cheese Shredded Romaine Refried Beans Applesauce Variety of Milk</p> <p>Alt: Yogurt Plate</p>	<p>5</p> <p>French Toast Sticks Sausage Hash Brown Patty Blueberries** Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p>6</p> <p>Turkey Gravy w/ Mashed Potatoes Asparagus** Fruit Cup Biscuit Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p>7</p> <p>Big Daddy's Pizza Baby Carrots Fresh Fruit Assorted Chips Cookie Variety of Milk</p> <p>Alt: Deli Sandwich</p>
<p>10</p> <p>Chicken Tenders Potato Rounds Hubbard Squash Pineapple Tidbits WG Dinner Roll Variety of Milk Alt: Cheese Pizza</p>	<p>11</p> <p>Nacho Supreme Shredded Romaine Fiesta Beans Diced Peas Variety of Milk</p> <p>Alt: Yogurt Plate</p>	<p>12</p> <p>Sloppy Joe on WG Bun Cheese Crackers Baked Beans Applesauce Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p>13</p> <p>Homemade Goulash Green Beans Sliced Peaches WG Garlic Toast Variety of Milk Alt: Chicken Nuggets</p>	<p>14</p> <p>½ DAY</p> <p>Deli Sandwich Fresh Broccoli Fruit Cup Assorted Chips Fruit Snack Variety of Milk</p>
<p>17</p> <p>NO SCHOOL</p>	<p>18</p> <p>Chicken Tacos Shredded Cheese Shredded Romaine Refried Beans Mandarin Oranges Variety of Milk</p> <p>Alt: Yogurt Plate</p>	<p>19</p> <p>Toasted Cheese Sandwich Sun Chips Sliced Carrots Banana Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p>20</p> <p>Beef & Noodles California Blend Vegetables Mixed Fruit WG Dinner Roll Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p>21</p> <p>Pizza Sticks Celery Sticks Apple Slices Mini Rice Krispie Treat Variety of Milk</p> <p>Alt: Deli Sandwich</p>
<p>24</p> <p>Three Meat Stromboli Spiral Fries Mixed Vegetables Sliced Peas Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p>25</p> <p>Ham & Cheese Melt Pretzel Twists Baked Beans Apple Slices Variety of Milk</p> <p>Alt: Yogurt Plate</p>	<p>26</p> <p>Mini Corn Dogs Seasoned Pasta Broccoli Black Sweet Cherries** Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p>27</p> <p>Homemade Macaroni & Cheese Pretzel Steamed Peas Applesauce Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p>28</p> <p>Pepperoni Pizza Baby Carrots Fresh Fruit Assorted Crackers Pudding Cup Variety of Milk</p> <p>Alt: Deli Sandwich</p>
<p>31</p> <p>Chicken Smackers Baked Fries Steamed Corn Diced Peaches WG Dinner Roll Variety of Milk Alt: Cheese Pizza</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

Lunch is Free to all students!!

Adult Price - \$ 3.75

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact

Keri Carlson

231-398-3695

kcarlson@manistee.org

**Condiments may include:
Low Fat/RC Ranch, RF
French, Mustard, Ketchup,
Relish, Tartar Sauce, or
BBQ Sauce**

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

This institution is an equal opportunity provider