



Manistee Area PUBLIC SCHOOLS

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COVID-19 PROTOCOL 2022-23

LEVEL OF CONTACT

High-Intensity Contact— contacts at higher risk of contact to airway secretions; their relationship to the person contagious with COVID-19 could include anyone living in the same house (family member, roommate, partner), anyone sleeping in same room (friend, partner), anyone they have had full bodily contact (friends, partners, certain athletics), contact with bodily secretions (intimate partners, kissing, sharing water bottles/food, sharing towels, cleaning up tissues)

Low-Intensity Contact – contacts at lower risk of contact to airway secretions. Their relationship to the person contagious with COVID-19 do not include any of the risks listed for the high-intensity but otherwise meet the definition of close contact below.

Close Contact - Someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period

COVID PROTOCOLS

Review the instructions below to determine which protocol suits your circumstance:

#1 When an individual **has symptoms of COVID-19 and has tested positive** for COVID-19:

- **Stay home until:**
 - At least 5 days have passed since symptoms started **AND** you have not had a fever for at least 24 hours **AND** your symptoms are improving
 - Notify the school that you have tested positive
 - Report any high-intensity contacts that attend school

Return to school after isolating for a minimum of 5 days (return on day 6) **AND** when fever free and no longer symptomatic. Wear a well-fitting mask days 6 through 10.

#2 When an individual **does not have symptoms of COVID-19 and has tested positive** for COVID-19:

- **Stay home until:**
 - At least 5 days have passed since the day of your positive test
 - If you start to have symptoms, follow instructions for protocol #1
 - Notify the school that you have tested positive
 - Report any high-intensity contacts that attend school

If no symptoms develop, return to school after isolating for a minimum of 5 days (return on day 6). Wear a well-fitting mask days 6 through 10.

#3 When an individual **has symptoms of COVID-19, but has not tested** and did not see healthcare provider:

- **Stay home until:**
 - At least 5 days have passed since symptoms started **AND** you have not had a fever for at least 24 hours **AND** your symptoms are improving
 - Notify the school that you are sick and the symptoms you are having

- Consider reporting any high-intensity contacts

Return to school after isolating for a minimum of 5 days (return on day 6) **AND** when fever free and no longer symptomatic. Wear a well-fitting mask days 6 through 10.

#4 When an individual **has symptoms of COVID-19 and has tested negative** or has been diagnosed with something else by a healthcare provider:

- **Stay home until:**
 - Until you have not had a fever for at least 24 hours **AND** you have felt better for at least 24 hours (depending on your diagnosis and healthcare provider instructions)
 - Notify the school that you are sick and the symptoms you are having and any diagnosis you have received
 - When returning to school, follow current COVID-19 recommendations

#5 When an individual **has had high-intensity contact** with someone diagnosed with COVID-19 in the past 10-14 days and is **NOT up to date** with COVID-19 vaccinations **AND** has not tested positive for COVID-19 within the past 90 days:

- Stay home until at least 5 days have passed since exposure to the person with COVID-19
- Return to school after isolating for a minimum of 5 days (return on day 6)
- Wear a well-fitting mask days 6 through 10
- It is recommended to get a COVID-19 test around day 5
- If you develop symptoms or test positive, see protocol #1 or #2

#6 When an individual **has had high-intensity contact** with someone diagnosed with COVID-19 in the past 10-14 days and

IS up to date with COVID-19 vaccinations **OR** has tested positive for COVID-19 within the past 90 days:

- No need for quarantine
- Monitor closely for symptoms
- Wear a well-fitting mask for 10 days from the last date of contact with someone with COVID-19
- It is recommended to get a COVID-19 test around day 5
- If you develop symptoms or test positive, see protocol #1 or #2

#7 When an individual **has had low-intensity contact** with someone diagnosed with COVID-19 in the past 10-14 days:

- No need for quarantine
- Monitor closely for symptoms
- Wear a well-fitting mask for 10 days from the last date of contact with someone with COVID-19
- It is recommended to get a COVID-19 test around day 5
- If you develop symptoms or test positive, see protocol #1 or #2