

NOVEMBER | 2022



Jefferson & Kennedy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Cinni Mini Banana Orange Juice Variety of Milk	2 Pancake Bowl Apple Slices Grape Juice Variety of Milk	3 RS Cinnamon Toast Crunch Raisins Fruit Punch Variety of Milk	4 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
7 WG Trix Breakfast Bar Applesauce Cup Apple Juice Variety of Milk	8 Cocoa Cherry Bar Banana Orange Juice Variety of Milk	9 Cream Cheese Bagel Fresh Pear Grape Juice Variety of Milk	10 Cheerios Raisins Fruit Punch Variety of Milk	11 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
14 WG Cinnamon Toast Crunch Bar Applesauce Cup Apple Juice Variety of Milk	15 Mini Pancakes Banana Orange Juice Variety of Milk	16 WG Muffin String Cheese Apple Slices Grape Juice Variety of Milk	17 Chex Cereal Raisins Fruit Punch Variety of Milk	18 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
21 WG Cheerios Breakfast Bar Applesauce Cup Apple Juice Variety of Milk	22 4oz. Yogurt WG Granola Banana Orange Juice Variety of Milk	23 Assorted Cereal Raisins Grape Juice Variety of Milk	24 THANKSGIVING NO SCHOOL	25 NO SCHOOL
28 Blueberry Belvita Bar Applesauce Cup Apple Juice Variety of Milk	29 Mini French Toast Banana Orange Juice Variety of Milk	30 Apple Frudel Fresh Pear Grape Juice Variety of Milk	1	2

News

Free Breakfast In The Classroom

Adult Price - \$ 2.50

Foodservice reserves the right to change the menu without notice

**Questions concerning the menu please contact
Keri Carlson
231-398-3695**

kcarlson@manistee.org

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice

This institution is an equal opportunity provider