

NOVEMBER | 2022



Jefferson & Kennedy Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Popcorn Chicken Baked Fries Steamed Corn Applesauce Variety of Milk Alt: Cheese Pizza	1 Mini Corn Dogs Seasoned Pasta Steamed Broccoli Strawberries Variety of Milk Alt: Yogurt Plate	2 Sausage Egg & Cheese Muffin 100% Fruit Juice Blueberries** Variety of Milk Alt: Hot Dog on WG Bun	3 Italian Spaghetti Spinach Romaine Salad Sliced Peaches WG Garlic Toast Variety of Milk Alt: Chicken Nuggets	4 Big Daddy's Pizza Baked Beans Orange Sections Fruit Snack Variety of Milk Alt: Deli Sandwich on WG Bun
7 Popcorn Chicken Baked Fries Steamed Corn Applesauce Variety of Milk Alt: Cheese Pizza	8 Soft Shelled Tacos Shredded Romaine & Cheese Refried Beans Pineapple Tidbits Variety of Milk Alt: Yogurt Plate	9 Garlic Cheese Bread Green Beans Diced Pears Variety of Milk Alt: Hot Dog on WG Bun	10 Chicken Gravy w/ Mashed Potatoes Sliced Carrots Mixed Berry Fruit Cup Biscuit Variety of Milk Alt: Chicken Nuggets	11 Pepperoni & Cheese Calzone Fresh Broccoli & Celery Fresh Pears & Apples Pudding Variety of Milk Alt: Deli Sandwich on WG Bun
14 Chicken Smackers Emoji Fries Asparagus Diced Peaches Variety of Milk Alt: Cheese Pizza	15 Cheeseburger on WG Bun Goldfish Crackers Fresh Apple Slices Baked Beans Variety of Milk Alt: Yogurt Plate	16 Bosco Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Banana Variety of Milk Alt: Hot Dog on WG Bun	17 THANKSGIVING FEAST Oven Roasted Turkey Mashed Potatoes w/ Gravy Stuffing Steamed Corn Mixed Fruit WG Dinner Roll Variety of Milk	18 Pizza Pocket Fresh Celery & Carrots Assorted Fresh Fruit WG Mini Rice Krispie Treat Variety of Milk Alt: Deli Sandwich on WG Bun
21 Chicken Patty on WG Bun Sweet Potato Fries Mixed Vegetables Strawberries Variety of Milk Alt: Cheese Pizza	22 French Toast Sticks Sausage Patty 100% Fruit Juice Cinnamon Apple Slices Variety of Milk Alt: Yogurt Plate	23 ½ Day Sack Lunch Available	24 THANKSGIVING NO SCHOOL	25 NO SCHOOL
28 Chicken Tenders Potato Rounds Steamed Broccoli Applesauce Variety of Milk Alt: Cheese Pizza	29 Chicken Quesadilla Fiesta Corn Diced Pears Variety of Milk Alt: Yogurt Plate	30 Sloppy Joe on WG Bun Pretzel Twists Baked Beans Sliced Peaches Variety of Milk Alt: Hot Dog on WG Bun	1	2

News

Paid Student - \$ 2.75
 Red. Student - \$.40
 Adult Price - \$ 5.11
 Milk - \$.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
 231-398-3695
kcarlson@manistee.org

Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce

Free and Reduced lunch applications may be filled out online at
www.lunchapp.com

This institution is an equal opportunity provider