



JANUARY | 2023

Jefferson & Kennedy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL WINTER BREAK	3 NO SCHOOL WINTER BREAK	4 WG Cinnamon Toast Crunch Bar Applesauce Cup Apple Juice Variety of Milk	5 Chex Cereal Raisins Fruit Punch Variety of Milk	6 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
9 WG Trix Breakfast Bar Applesauce Cup Orange Juice Variety of Milk	10 Cinni Mini Banana Apple Juice Variety of Milk	11 Apple Frudel Apple Slices Grape Juice Variety of Milk	12 Cheerios Raisins Fruit Punch Variety of Milk	13 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
16 PROFESSIONAL DEVELOPMENT NO SCHOOL	17 WG Cheerio Breakfast Bar Applesauce Cup Apple Juice Variety of Milk	18 Mini Pancakes Dried Fruit Mix Grape Juice Variety of Milk	19 Lucky Charms Cereal Raisins Fruit Punch Variety of Milk	20 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
23 WG Oatmeal Chocolate Chip Benefit Bar Applesauce Cup Orange Juice Variety of Milk	24 Cinni Mini Banana Apple Juice Variety of Milk	25 WG Blueberry Waffle Apple Slices Grape Juice Variety of Milk	26 RS Cinnamon Toast Crunch Raisins Fruit Punch Variety of Milk	27 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
30 WG Golden Graham Breakfast Bar Applesauce Cup Orange Juice Variety of Milk	31 Cream Cheese Bagel Banana Apple Juice Variety of Milk	1	2	3

News

Free Breakfast In The Classroom

Adult Price - \$ 2.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
231-398-3695
kcarlson@manistee.org

Free and Reduced lunch applications may be filled out online at
www.lunchapp.com

Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice

This institution is an equal opportunity provider