



JANUARY | 2023

Jefferson & Kennedy Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WINTER BREAK NO SCHOOL	3 WINTER BREAK NO SCHOOL	4 Chicken Patty on WG Bun Goldfish Crackers Sliced Carrots Fresh Apple Slices Variety of Milk Alt: Hot Dog on WG Bun	5 Italian Spaghetti W/ Meat Sauce Spinach / Romaine Salad Sliced Peaches WG Garlic Toast Variety of Milk Alt: Chicken Nuggets	6 Pepperoni Pizza Fresh Broccoli & Celery Assorted Fresh Fruit Fruit Snack Variety of Milk Alt: Deli Sandwich
9 Popcorn Chicken Baked Fries Hubbard Squash Applesauce Variety of Milk Alt: Cheese Pizza	10 Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Diced Pears Variety of Milk Alt: Yogurt Plate	11 Bosco Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Banana Variety of Milk Alt: Hot Dog on WG Bun	12 Turkey Gravy Mashed Potatoes Green Beans Mixed Fruit WG Biscuit Variety of Milk Alt: Chicken Nuggets	13 ½ DAY SACK LUNCH AVAILABLE
16 PROFESSIONAL DEVELOPMENT NO SCHOOL	17 Mini Corn Dogs Seasoned Pasta Baked Beans Strawberries Variety of Milk Alt: Yogurt Plate	18 Three Meat Stromboli WG Breadstick Sliced Carrots Applesauce Variety of Milk Alt: Hot Dog on WG Bun	19 Homemade Goulash Steamed Corn Diced Peaches WG Garlic Toast Variety of Milk Alt: Chicken Nuggets	20 Big Daddy's Pizza Fresh Broccoli & Carrots Mixed Fruit Mini Rice Krispie Treat Variety of Milk Alt: Deli Sandwich
23 Chicken Tenders Sweet Potato Fries Steamed Broccoli Sliced Pears Variety of Milk Alt: Cheese Pizza	24 Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Yogurt Plate	25 Garlic Cheese Bread California Blend Vegetables Mixed Fruit Variety of Milk Alt: Hot Dog on WG Bun	26 Macaroni & Cheese Steamed Peas Applesauce Pretzel Roll Variety of Milk Alt: Chicken Nuggets	27 Pizza Pocket Baby Carrots Assorted Fresh Fruit WG Cookie Variety of Milk Alt: Deli Sandwich
30 Chicken Quesadilla Steamed Broccoli Pineapple / Mandarin Oranges Variety of Milk Alt: Cheese Pizza	31 Sausage Egg & Cheese Muffin 100% Fruit Juice Cinnamon Apple Slices Variety of Milk Alt: Yogurt Plate	1	2	3

News

Paid Student - \$ 2.75
 Red. Student - \$.40
 Adult Price - \$ 5.11
 Milk - \$.50

**Foodservice reserves the
 right to change the menu
 without notice**

**Questions concerning the
 menu please contact
 Keri Carlson
 231-398-3695
kcarlson@manistee.org**

**Condiments may include:
 Low Fat/RC Ranch, RF
 French, Mustard, Ketchup,
 Relish, Tartar Sauce, or
 BBQ Sauce**

**Free and Reduced lunch
 applications may be filled
 out online at
www.lunchapp.com**

**This institution is an
 equal opportunity
 provider**