

# MAY | 2023

## Jefferson & Kennedy Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Chicken Smackers Baked Fries Peas & Carrots Pineapple Tidbit Variety of Milk  Alt: Cheese Pizza	<b>2</b> Soft Shelled Tacos Shredded Cheese Shredded Romaine Refried Beans Applesauce Variety of Milk  Alt: Yogurt Plate	<b>3</b> Cheeseburger on WG Bun Sun Chips Baked Beans Fresh Fruit Variety of Milk  Alt: Hot Dog on WG Bun	<b>4</b> Turkey Gravy w/ Mashed Potatoes Steamed Corn Sliced Pears WG Biscuit Variety of Milk  Alt: Chicken Nuggets	<b>5</b> Big Daddy's Pizza Carrots & Broccoli Assorted Fresh Fruit Fruit Snack Variety of Milk  Alt: Deli Sandwich on WG Bun
<b>8</b> Popcorn Chicken Emoji Fries Mixed Vegetables** Fruit Cocktail Variety of Milk  Alt: Cheese Pizza	<b>9</b> French Toast Sticks Sausage Patty Warm Cinnamon Apples** 100% Fruit Juice Variety of Milk  Alt: Yogurt Plate	<b>10</b> Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Strawberries Variety of Milk  Alt: Hot Dog on WG Bun	<b>11</b> Homemade Goulash Spinach / Romaine Salad Sliced Peaches WG Garlic Toast Variety of Milk  Alt: Chicken Nuggets	<b>12</b> Pepperoni Pizza Celery Sticks & Carrots Assorted Fresh Fruit Pudding Variety of Milk  Alt: Deli Sandwich on WG Bun
<b>15</b> Chicken Tenders Potato Rounds California Blend Vegetables Sliced Peaches Variety of Milk  Alt: Cheese Pizza	<b>16</b> Nacho Supreme Shredded Romaine Refried Beans Mandarin Oranges Variety of Milk  Alt: Yogurt Plate	<b>17</b> Three Meat Stromboli Dipping Sauce Asparagus** Diced Pears Variety of Milk  Alt: Hot Dog on WG Bun	<b>18</b> Chicken Drumstick Mashed Potatoes w/ Gravy Squash** Pineapple Tidbits WG Dinner Roll Variety of Milk  Alt: Chicken Nuggets	<b>19</b> Calzone Fresh Broccoli & Celery Sticks Assorted Fresh Fruit WG Rice Krispie Treat Variety of Milk  Alt: Deli Sandwich on WG Bun
<b>22</b> Chicken Cooks Choice Baked Fries Green Beans Diced Pears Variety of Milk  Alt: Cheese Pizza	<b>23</b> Mini Corn Dogs Seasoned Pasta Sliced Carrots Fresh Apple Slices Variety of Milk  Alt: Yogurt Plate	<b>24</b> Sloppy Joe on WG Bun Pretzel Twists Baked Beans Fresh Banana Variety of Milk  Alt: Yogurt Plate	<b>25</b> Homemade Macaroni & Cheese Steamed Peas Applesauce WG Dinner Roll or Soft Pretzel Variety of Milk  Alt: Chicken Nuggets	<b>26</b> Pepperoni Pizza Pull A Part Baby Carrots & Broccoli Assorted Fresh Fruit Cooks Choice Treat Variety of Milk  Alt: Deli Sandwich on WG Bun
<b>29</b>  NO SCHOOL  MEMORIAL DAY!!	<b>30</b> Chicken Patty on WG Bun Assorted Chips / Crackers Baked Beans Strawberries or Blueberries ** Variety of Milk  NO ALTERNATE	<b>31</b> Garlic Cheese Bread Assorted Fresh Vegetables Fruit Cup Variety of Milk  NO ALTERNATE	<b>1</b>  1/2 DAY  SACK LUNCH AVAILABLE!!  HAVE A GREAT SUMMER!!!	<b>2</b>

### News

Paid Student - \$ 2.75  
 Red. Student - \$ .40  
 Adult Price - \$ 5.11  
 Milk - \$ .50

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**  
**Keri Carlson**  
**231-398-3695**  
[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Condiments may include:**  
**Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce**

**Free and Reduced lunch applications may be filled out online at**  
[www.lunchapp.com](http://www.lunchapp.com)

**This institution is an equal opportunity provider**